

## Autumn Term Menu 2022

<b>£2.30 per meal.</b> To be paid for via MyEd app	<b>WEEK 1</b> w/c 5 <sup>th</sup> September, 19 <sup>th</sup> September, 3 <sup>rd</sup> October, 17 <sup>th</sup> October (Half Term Holiday) <b>Return on week 1 after each holiday</b> w/c 31 <sup>st</sup> October, 14 <sup>th</sup> November, 28 <sup>th</sup> November, 12 <sup>th</sup> December	<b>WEEK 2</b> w/c 12 <sup>th</sup> September, 26 <sup>th</sup> September, 10 <sup>th</sup> October (Half Term Holiday) 7 <sup>th</sup> November, 21 <sup>st</sup> November, 5 <sup>th</sup> December
	<b>MON</b> Jacket potato with tuna mayonnaise or cheese and beans and salad <i>(GF and vegan option available)</i>	Jacket potato with tuna mayonnaise or cheese and beans and salad <i>(GF option available)</i>
	<b>TUES</b> Sweet and Sour Chicken with rice and a poppadum <i>(GF option available)</i>	Cheese and tomato pasta bake with garlic bread and salad <i>(GF option available)</i>
	<b>WED</b> Butchers pork sausage in a roll with salad <i>(GF option available)</i>	Butchers burger in a roll with salad <i>(GF option available)</i>
	<b>THUR</b> Vegetarian Spaghetti bolognese made with Quorn mince served with garlic bread and a side salad <i>(GF option available)</i>	Mild vegetarian Chilli Con Carne with rice and a poppadum and a side salad <i>(GF option available)</i>
	<b>FRI</b> Breaded fish, chips with either beans or peas	Fish fingers, chips with either beans or peas <i>(GF option available)</i>

After lunch the children will have a choice of fruit, yogurt and three times a week they will have a cook's choice of: oaty flapjack, sugar free jelly and ice cream, fruit salad, Eton mess, cheesecake, pancake and fresh fruit or no added sugar apple crumble and custard.

Packed lunch £2.30	You can also order a school packed lunch this will include: Ham or Cheese sandwich with fruit, crisps, yogurt and cereal bar and a drink.
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Please message the office ASAP and let the office know if your child would like school dinners this term so we can budget accordingly. If your child would like a gluten free option please let the office know and we will try and accommodate them. Thank you very much.